



## Edible Flower Selections for 2019

<i>Variety</i>	<i>Days to Harvest</i>	<i>Bloom Time</i>	<i>Comments</i>
Signet Marigold 'Starfire'	60	Late Spring to Fall	Yellow to Orange heirloom; 12" tall; spicy/citrusy flavor; shred petals onto salads, in soups, or use as saffron substitute; spicy-scented foliage and masses of blooms; colors intensify in cooler weather; companion plant for tomatoes
Calendula 'Alpha'	50-60	Early Summer to Frost	Bright Orange; 24-30" tall; tangy, slightly bitter flavor; use the quill-like petals fresh or dried in salads, soups and rice dishes; flowers also have medicinal and dye applications; very easy to grow; great for container gardens
Nasturtium 'Empress of India'	55-65	Summer to Frost	Crimson heirloom; 16-20" tall; spicy, peppery flavor; use flowers as garnish or add to salads and pasta; dark blue-green leaves are edible as well but use sparingly; interplant with vegetables to add color and repel insect pests; harvest flowers regularly to promote more flowering; classic Victorian cultivar
Nasturtium 'Jewel Mix'	55-65	Summer to Frost	Red/Yellow/Orange singles & doubles; 14-16" tall; spicy, peppery flavor; use flowers as garnish or add to salads and pasta; light green leaves are edible as well – use sparingly; interplant with vegetables to add color and repel insect pests; harvest flowers regularly to promote more flowering

## Other Vegetable Selections for 2019

Eggplant, Asian: 'Orient Express F1'	58	Dark Purple Hybrid	Harvest at 8-10" long; attractive, slender, glossy; tender, delicately flavored and quick-cooking; sets fruit in cool weather and heat stress
Eggplant, Italian: 'Rosa Bianca'	73	Violet/White Heirloom	Harvest at 4-6" long; plump (5-6" diameter) and variably ribbed; mild, creamy flavor; best adapted for regions with warm nights; pick regularly to encourage further production



## Other Vegetable Selections for 2019

Variety	Days to Harvest	Color/Type	Comments
Cucumber, Cocktail: 'Picolino F1'	50	Dark Green Hybrid	Harvest at 4-5" long; glossy, thin skin; tasty and crisp for salads or snacking; uniform and prolific; excellent disease resistance
Cucumber, Pickling: 'Excelsior F1'	50	Dark Green Hybrid	Harvest at 4-5" long; excellent flavor; blocky fruit; sets high yields even without pollinators; vigorous plants; good disease resistance
Cucumber, Seedless: 'Diva'	58	Light Green Open-Pollinated	Harvest at 3½-6" long; especially flavorful harvested small; tender, crisp, sweet; bitter-free; foliage unattractive to cucumber beetles

Ground Cherry: 'Aunt Molly's'	70	Yellow Open-Pollinated	½ to ¾ inch fruit; super sweet, golden yellow fruit in papery husks; use for preserves, pies or in fruit salads; very productive, sprawling plants
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Summer Squash, Costata Romanesco: 'Pantheon F1'	50	Striped Hybrid	Harvest at 4-6" long; classic appearance but more uniformity and higher yields; glossy fruit with reduced spines; upright bush habit for easy harvests
Summer Squash, Yellow: 'Slick Pik YS 26 F1'	48	Yellow Hybrid	Harvest at 4-5" long; extra early; attractive fruits with good flavor; spineless for easier harvest
Summer Squash, Zucchini: 'Dunja F1'	47	Dark Green Hybrid	Harvest at 4-6" long; straight fruit; high-yielding and early; open plants and small spines for easy harvest; powdery mildew resistant

Winter Squash, Acorn: 'Honey Bear F1'	85	Dark Green Hybrid	Harvest at 4" round/1-1¼ pounds; mini-size, perfect halved for single serving; deliciously starchy and sweet flavor; compact bush plant averages 3-4 fruits; resists powdery mildew; ready to eat when picked, will keep up to three months
Winter Squash, Butternut: 'Butterscotch PMR F1'	105	Tan Hybrid	Harvest at 1-2 pounds; mini-sized for single servings; unusually rich, sweet and starchy flavor; short, space-saving vines resist powdery mildew; 3-4 fruits per plant; limited storage – best up to 3 months after maturity